

# COVID-19 Campus Exposure Procedures

Sandhills Community College has established the following procedures for COVID-19 campus exposures with the intent of slowing the spread of the virus. However, with the rapidly changing status of this virus, revisions to these procedures may be necessary.

## Reducing the Spread of the Virus

The college recommends that everyone takes a daily self-screening to determine whether you should come to campus. If you are sick with COVID-19, have symptoms consistent with COVID-19, or have been in close contact with someone who has COVID-19, it is important to stay home and away from other people.

Please do not attempt to come to campus if the following are present:

- Symptoms of COVID-19 –
  - ✓ Fever (equal to or higher than 100.4F) or feeling feverish (chills, sweating)
  - ✓ New cough
  - ✓ Headache
  - ✓ Fatigue
  - ✓ Congestion/Runny nose
  - ✓ Difficulty breathing or shortness of breath
  - ✓ Sore throat
  - ✓ Muscle aches or body aches
  - ✓ Vomiting, diarrhea, or nausea
  - ✓ New loss of taste or smell
- Under evaluation for COVID-19 (for example, waiting for the results of a viral test, for you or someone you have been exposed to, confirming infection).
- Have been diagnosed with COVID-19 and not yet cleared to discontinue isolation.

## Possible Exposure

### If you have had:

- Contact of less than 6 feet for 10 minutes or longer with an individual who has symptoms
- Contact of less than 6 feet for 10 minutes or longer within 1 week prior to positive test results with an individual who has tested positive for COVID-19 **(without symptoms)**
- Contact of less than 6 feet for 10 minutes or longer within the 48 hours prior to symptom onset with an individual who has tested positive for COVID-19 **(with symptoms)**
- Contact of less than 6 feet for 10 minutes or longer with an individual who has been notified that they meet the criteria for exposure

### You must:

- Report exposure to your instructor (if you are a student) or to your supervisor (if you are an employee) immediately.
- The CDC guidelines recommend that you isolate yourself from all other people, including those in your household.
- Contact your healthcare provider or the health department in the county in which you live for evaluation and testing.
- Do not come back to campus for 10 days from the date of exposure, after which you may return to campus, as long as you do not develop symptoms or have a positive test result.

## Positive Test but No Symptoms

### If you have:

- Been tested for COVID-19 by a healthcare professional and received a positive diagnosis but are currently not experiencing symptoms

### You must:

- Report diagnosis to your instructor (if you are a student) or to your supervisor (if you are an employee) immediately.
- The CDC guidelines recommend that you isolate yourself from all other people, including those in your household.
- Follow your healthcare provider's directions for follow-up testing and CDC guidelines for monitoring your symptoms (monitoring includes watching for symptoms and checking your temperature every 12 hours).
- Do not come back to campus for 10 days following your diagnosis (test date), after which you may return to campus, as long as you are still not experiencing symptoms.

## Positive Test with Symptoms

### If you have:

- Been tested for COVID-19 by a healthcare professional and received a positive diagnosis and are currently experiencing symptoms

### You must:

- Report diagnosis to your instructor (if you are a student) or to your supervisor (if you are an employee) immediately.
- CDC guidelines recommend that you isolate yourself from all other people, including those in your household.
- Follow your healthcare provider's directions for treatment of your symptoms.
- Stay away from campus until:  
It has been at least 10 days since symptoms first appeared, **AND**  
You have gone 24 hours with no symptoms or fever (equal to or higher than 100.4F) without using fever-reducing medication.

## Negative Test with Symptoms

### If you have:

- Been tested for COVID-19 by a healthcare professional and received a negative diagnosis and are currently experiencing symptoms

### You must:

- Report symptoms to your instructor (if you are a student) or to your supervisor (if you are an employee) immediately.  
Stay away from campus until you have gone 24 hours with no symptoms or fever (equal to or higher than 100.4F) without using fever-reducing medication.

## Communication

- Instructor or supervisor will **immediately** notify a member of the College's Communicable Disease Team of a student or employee who is deemed a high-risk exposure, a possible positive (has symptoms), or a confirmed positive case at [scccovid19@sandhills.edu](mailto:scccovid19@sandhills.edu). Using this email address will ensure that the appropriate member of the Communicable Disease Team is aware of the situation.
- Communicable Disease Team member will contact the impacted student or employee.
- Communicable Disease Team member will initiate communication with the notifying faculty or staff member to provide a summary of the status of the exposed or positive individual.
- Communicable Disease Team member will conduct contact tracing. This information will be tracked separately from personnel and student records, and names will not be released.
- Communicable Disease Team member will communicate with appropriate College leadership.
- Communicable Disease Team will provide a weekly COVID-19 status report to all SCC faculty and staff.
- The college may elect to close an impacted classroom or office for a period of up to 72 hours following a confirmed case to allow for natural deactivation of the virus.
- The college may elect to suspend, or convert to a virtual delivery method, any impacted classes following a confirmed case to minimize the spread of the disease.
- Exposed or positive individual may be asked to provide documentation from your healthcare provider that you are cleared to return to school or work.