

## COURSE DESCRIPTIONS BY COURSE DISCIPLINE PREFIX

### PSY PSYCHOLOGY

**PSY-118**      **Interpersonal Psychology**      **3 (3-0)**      **Spring**

**Prerequisites:** ENG-002<sup>L</sup> or BSP-4002<sup>L</sup>

**Corequisites:** None

This course introduces the basic principles of psychology as they relate to personal and professional development. Emphasis is placed on personality traits, communication/leadership styles, effective problem solving, and cultural diversity as they apply to personal and work environments. Upon completion, students should be able to demonstrate an understanding of these principles of psychology as they apply to personal and professional development.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E

**PSY-150**      **General Psychology**      **3 (3-0)**      **Fall  
Spring  
Summer**

**Prerequisites:** ENG-002<sup>L</sup> or BSP-4002<sup>L</sup>

**Corequisites:** None

This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology.(1997 SU) This course has been approved to satisfy the following requirement(s):

- UGETC course for A.A., A.A. Teacher Preparation, A.E., A.F.A., A.S. and A.S. Teacher Preparation
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E

**PSY-230**      **Biological Psychology**      **3 (3-0)**      **AND**

**Prerequisites:** PSY-150<sup>S</sup>

**Corequisites:** None

This course provides an exploration of the anatomy and functions of the human nervous system as it relates to human behavior. Topics include neural communication, key brain and nervous system anatomy and functions, brain and behavior relationships, sensory systems (key anatomy and functions), and neurological/psychological disorders. Upon completion, students should be able to describe how new scientific knowledge is created, identify methods to study psychological phenomena, identify key nervous system structures and functions, explain basic psychological phenomena and identify associated brain structures, and describe characteristics of selected neurological/psychological disorders.(2019 SP) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E

**PSY-231 Forensic Psychology 3 (3-0) Spring****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course introduces students to concepts which unite psychology and the legal system. Topics include defining competency, insanity, involuntary commitment, as well as introducing forensic assessment techniques, such as interviewing process, specialized assessments, and collecting collateral information. Upon completion, students should be able to demonstrate knowledge in areas of forensic psychology: risk assessment, criminal competencies, insanity, psychopathology, and mentally disordered offenders.(2004 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.

**PSY-237 Social Psychology 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup> or SOC-210<sup>S</sup>**Corequisites:** None

This course introduces the study of individual behavior within social contexts. Topics include affiliation, attitude formation and change, conformity, altruism, aggression, attribution, interpersonal attraction, and group behavior. Upon completion, students should be able to demonstrate an understanding of the basic principles of social influences on behavior.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Social/Behavioral Science Gen. Ed. course for A.A., A.A. Teacher Preparation and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-239 Psychology of Personality 3 (3-0) Fall****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course covers major personality theories and personality research methods. Topics include psychoanalytic, behavioristic, social learning, cognitive, humanistic, and trait theories including supporting research. Upon completion, students should be able to compare and contrast traditional and contemporary approaches to the understanding of individual differences in human behavior.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Social/Behavioral Science Gen. Ed. course for A.A., A.A. Teacher Preparation and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-241 Developmental Psych 3 (3-0) Fall  
Spring  
Summer****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Social/Behavioral Science Gen. Ed. course for A.A., A.A. Teacher Preparation and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-243 Child Psychology 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course provides an overview of physical, cognitive, and psychosocial development from conception through adolescence. Topics include theories and research, interaction of biological and environmental factors, language development, learning and cognitive processes, social relations, and moral development. Upon completion, students should be able to identify typical and atypical childhood behavior patterns as well as appropriate strategies for interacting with children.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-249 Psychology of Aging 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course covers the particular needs and behaviors of the maturing adult. Emphasis is placed on psychosocial processes biological and intellectual aspects of aging adjustments to retirement, dying, bereavement and the stereotypes and misconceptions concerning the elderly. Upon completion, students should be able to show an understanding of the psychological factors related to the aging process.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-259 Human Sexuality 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course provides the biological, psychological, and sociocultural aspects of human sexuality and related research. Topics include reproductive biology, sexual and psychosexual development, sexual orientation, contraception, sexually transmitted diseases, sexual disorders, theories of sexuality, and related issues. Upon completion, students should be able to demonstrate an overall knowledge and understanding of human sexuality.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-263 Educational Psychology 3 (3-0) Summer****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course examines the application of psychological theories and principles to the educational process and setting. Topics include learning and cognitive theories, achievement motivation, teaching and learning styles, teacher and learner roles, assessment, and developmental issues. Upon completion, students should be able to demonstrate an understanding of the application of psychological theory to educational practice.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-271 Sports Psychology 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course provides an overview of the field of sports and exercise psychology. Topics include concentration, goal setting, arousal level, exercise psychology, mental imagery, confidence, and other issues related to sport and exercise performance. Upon completion, students should be able to demonstrate a knowledge of psychological factors involved in sport and exercise.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-275 Health Psychology 3 (3-0) AND****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course covers the biopsychosocial dynamics of stress and the maintenance of good health. Topics include enhancing health and well-being, stress management, lifestyle choices and attitudes, the mind-body relationship, nutrition, exercise, and fitness. Upon completion, students should be able to demonstrate an understanding of the psychological factors related to health and well-being.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Premajor and/or Elective course for A.A. and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.

**PSY-281 Abnormal Psychology 3 (3-0) Fall  
Spring  
Summer****Prerequisites:** PSY-150<sup>S</sup>**Corequisites:** None

This course provides an examination of the various psychological disorders, as well as theoretical, clinical, and experimental perspectives of the study of psychopathology. Emphasis is placed on terminology, classification, etiology, assessment, and treatment of the major disorders. Upon completion, students should be able to distinguish between normal and abnormal behavior patterns as well as demonstrate knowledge of etiology, symptoms, and therapeutic techniques.(1997 SU) This course has been approved to satisfy the following requirement(s):

- Social/Behavioral Science Gen. Ed. course for A.A., A.A. Teacher Preparation and A.S.
- Social/Behavioral Science Gen. Ed. course for A.A.S. and A.G.E.