

COURSE DESCRIPTIONS BY COURSE DISCIPLINE PREFIX

MTH THERAPEUTIC MASSAGE

| | | | |
|----------------|--------------------------------|----------------|-------------|
| MTH-110 | Fundamentals of Massage | 10 | Fall |
| | | (6-9-3) | |

Prerequisites: None

Corequisites: BIO-163^L or BIO-165^L

This course introduces concepts basic to the role of the massage therapist in a variety of clinical settings. Emphasis is placed on beginning theory and techniques of body work as well as skill in therapeutic touch. Upon completion of the course, the student should be able to apply basic practical massage therapy skills.(2008 SP)

| | | | |
|----------------|----------------------------------|----------------|---------------|
| MTH-120 | Ther Massage Applications | 10 | Spring |
| | | (6-9-3) | |

Prerequisites: BIO-163^L or BIO-165^L; MTH-110^S

Corequisites: BIO-166^L (unless student completed BIO-163), ENG-111^L

This course provides an expanded knowledge and skill base for the massage therapist in a variety of clinical settings. Emphasis is placed on selected therapeutic approaches throughout the lifespan. Upon completion, students should be able to perform entry level therapeutic massage on various populations.(2008 SP)

| | | | |
|----------------|--------------------------|----------------|---------------|
| MTH-125 | Ethics of Massage | 2 (2-0) | Summer |
|----------------|--------------------------|----------------|---------------|

Prerequisites: MTH-110^L

Corequisites: MTH-130^L

This course is designed to explore issues related to the practice of massage therapy. Emphasis is placed on ethical, legal, professional, and political issues. Upon completion of this course the student should be able to discuss issues relating to the practice of massage therapy, client/therapist relationships as well as ethical issues.(2005 FA)

| | | | |
|----------------|---------------------------------|----------------|---------------|
| MTH-130 | Therapeutic Massage Mgmt | 2 (2-0) | Summer |
|----------------|---------------------------------|----------------|---------------|

Prerequisites: MTH-110^S

Corequisites: MTH-125^L

This course introduces the basic responsibilities in the development and administration of a professional massage therapy practice. Emphasis is placed on identifying successful practice management methods such as selecting a business structure, negotiating a contract/lease, developing a business/marketing plan, designing a massage space, differentiating spa from clinical practice, management of client/financial records and physician referral. Upon completion, students should be able to demonstrate the knowledge and skills necessary to develop and manage a massage therapy practice.(2012 FA)

MTH-210 Adv Skills of Massage 8 (4-9-3) Fall**Prerequisites:** MTH-120^S**Corequisites:** None

This course provides knowledge and skills in diverse body work modalities in a variety of clinical settings. Emphasis is placed on selected techniques such as Neuromuscular Therapy, Sports Massage, Soft Tissue Release, Spa Approaches, Oriental Therapies, and energy techniques. Upon completion, students should be able to perform basic skills in techniques covered.(2008 SP)

MTH-220 Outcome-Based Massage 7 (4-6-3) Spring**Prerequisites:** MTH-120^S**Corequisites:** WBL-111^L

This course provides knowledge and skills in more complex body works modalities in a variety of clinical settings. Emphasis is placed on developing advanced skills in outcome-based Massage. Upon completion, students should be able to perform basic skills in techniques covered.(2008 SP)