



Student Request for Reasonable Modifications: Curriculum or Workforce Training Course

Student Full Name (Print): _____ **College ID No:** _____

Semester and Year: _____ **Class Prefix/Section # and Title:** _____

Reasonable modifications for academic coursework or training are individualized, student-led, and voluntary. Not all options are appropriate or apply to all situations or circumstances. Any special requests or requirements may need (1) a review period to determine feasibility and impact to required learning objectives and (2) supporting medical documentation from a healthcare provider. A student experiencing pregnancy or a pregnancy-related condition will be supported through the same process and standards applied to students requesting adjustments for other medical conditions.

Note: This document outlines a shared understanding between Sandhills Community College and the student regarding approved academic adjustments or modifications, consistent with Title IX requirements.

Student must initial to receive appropriate adjustments:

_____ I have reviewed the guidance document titled *“Pregnancy and Related Conditions: Student Guidance”* (February 25, 2026) available on the College website. I understand that it is my responsibility to ask questions and seek clarification on any information that is unclear to me.

_____ Determinations regarding any potential risks or the need for specific academic or campus support measures will be made by me or in consultation with my healthcare provider.

_____ It is my responsibility to contact the Title IX Coordinator to request other campus support services outside of my academic department(s) or to ensure I fully understand my options for other adjustments as appropriate.

Pregnancy and Related Conditions
Students

Adjustment/Modification	Conditions/Notes	Start Date	Instructor Initials

I have met with my instructor(s), and we have agreed upon these adjustments. I do not hold the College responsible for any issues that impact these adjustments that are not under the College’s control. Questions or concerns about this document or my rights should be directed to: Title IX Coordinator at 910.695.3979 or bluek@sandhills.edu.

Student signature: _____ Date _____

Student phone number: _____

Faculty/instructor printed name: _____

Faculty/instructor signature: _____ Date _____

Title IX Coordinator signature: _____ Date _____

Directions to Instructional Department: If the Title IX Coordinator is not present, provide a copy of this completed and signed request form to the student and the Title IX Coordinator.

Pregnancy and Related Conditions Students

The following are examples of reasonable academic adjustments. Not all options are appropriate or apply to all situations or circumstances.

- Extra break periods to attend to pregnancy-related needs
- Adjusting physical, classroom space for comfort
- Flexibility and time extension for submitting coursework
- Taking intermittent approved absences to attend medical appointments
- Online or home-based coursework
- Changes in course sequence of assignments or learning objectives
- Sitting instead of standing
- An alternative to a uniform or other required clothing
- Alternative training equipment
- Excusing or postponing requirements for lifting or managing equipment
- Leave of Absence from a specific academic/career path program