

PROGRAM		
Therapeutic Massage, Diploma & Associate in Applied Science		
CONTACT		
Laura Turner, Director/ Instructor, Therapeutic Massage		
DATE UPDATED		
12/4/2025		
CREDIT HOURS	PROGRAM HOURS	FORMAT
38/67	500 (*see below)	Seated (not online)

PROFESSIONAL LICENSURE NOTES			
<p>Most states require that a student graduate from a state-board approved educational program, pass an examination, and obtain a license to work as a massage therapist. State designations include Licensed MAssage Therapist (LMT), Certified Massage Therapist (CMT), Licensed Bodywork & Massage Therapist (LBMT). Four states do not regulate the profession. Vermont requires a registry, but does not require passing an exam or obtaining a license.</p> <p>There are several licensing exams used in the United States, the MBLEX, NCBTMB, and CESI. Some states require that a particular body accredit the Massage program. Examples of licensure or registry application requirements (among others) may include submission of an official high school or college transcript, a Social Security number, a photo ID, driver's license, or passport. Some states require criminal background checks and fingerprinting. Final determination of individual state requirements for licensure or registry can only be confirmed by that state's governing body.</p> <p>North Carolina: Applicants for licensure must graduate from a board-approved school and submit scores from the MBLEX. Students with a criminal conviction may not be eligible for a state license, which is required for employment. Each situation is evaluated on an individual basis by the NC Board of Massage and Bodywork Therapy (919-546-0050 or admin@bmbt.org). Approved programs must include 500 hours* of supervised instruction, including 200 hours in fundamental theory and practice, 100 hours in anatomy & physiology, 15 hours in professional ethics, 15 hours in business management prtices, 20 hours in psychological concepts, 150 hours in other related courses.</p> <p>Sandhills Community College Therapeutic Massage program is approved by the North Carolina Board of Massage and Bodywork. Graduates of Sandhills' diploma program who successfully pass the MBLEX in the State of North Carolina are eligible to apply for a license as an LBMT.</p> <p>For licensing information by state, see https://mblexguide.com/massage-license/</p>			

STATE *denotes state with comparable requirements	MEETS EDUCATIONAL REQUIREMENTS	DOES NOT MEETS EDUCATIONAL REQUIREMENTS	COMMENTS
Alabama		X	650 hours
Alaska		X	625 hours
American Samoa		X	Information not available
Arizona		X	700 hours
Arkansas*		X	500 hours
California*		X	500 hours
Colorado*		X	500 hours
Connecticut		X	750 hours
Delaware		X	300/500 hours
Florida*		X	500 hours
Georgia*		X	500 hours
Guam		X	Information not available
Hawaii		X	570 hours
Idaho*		X	500 hours
Illinois		X	600 hours
Indiana		X	625 hours
Iowa		X	600 hours
Kansas	X		Profession not regulated at this time
Kentucky		X	600 hours
Louisiana		X	500 hours
Maine*		X	500 hours
Maryland		X	600/750 hours
Massachusetts		X	650 hours
Michigan		X	625 hours
Minnesota	X		Profession not regulated at this time
Mississippi		X	700 hours
Missouri*		X	500 hours
Montana*		X	500 hours
Nebraska		X	1000 hours
Nevada		X	550 hours
New Hampshire		X	750 hours
New Jersey*		X	500 hours
New Mexico		X	650 hours
New York		X	1000 hours
North Carolina	X		500 hours
North Dakota		X	750 hours
Northern Mariana Islands		X	Information not available
Ohio		X	750 hours
Oklahoma*		X	500 hours
Oregon		X	625 hours
Pennsylvania		X	600 hours
Puerto Rico		X	Information not available
Rhode Island*		X	500 hours
South Carolina*		X	500 hours
South Dakota*		X	500 hours
Tennessee*		X	500 hours
Texas		X	300/500 hours
US Virgin Islands		X	Information not available
Utah		X	600 hours
Vermont	X		Profession not regulated at this time

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Washington		X	625 hours
West Virginia*		X	500 hours
Wisconsin		X	600 hours
Wyoming	X		Profession not regulated at this time

