

<u>Program</u>	<u>Contact</u>	<u>Date Updated</u>
Health and Fitness Science	Shelby Basinger, Professor/ Coordinator, Health and Fitness Science	12/4/2025

NOTE: The HFS program prepares students to sit for the Personal Trainer and Group Fitness Instructor Certification examinations by the American Council on Exercise (ACE); however, it is not a program requirement. The ACE CPT Certification and ACE GFI Certification are considered good for any state in the US because they are nationally accredited by the National Commission for Certifying Agencies (NCCA).

State	Meets educational requirements	Does not meet educational requirements	Comments		State	Meets educational requirements	Does not meet educational requirements	Comments
Alabama	X				Nebraska	X		
Alaska	X				Nevada	X		
American Samoa	X				New Hampshire	X		
Arizona	X				New Jersey	X		
Arkansas	X				New Mexico	X		
California	X				New York	X		
Colorado	X				North Carolina	X		
Connecticut	X				North Dakota	X		
Delaware	X				Northern Mariana Islands	X		
Florida	X				Ohio	X		
Georgia	X				Oklahoma	X		
Guam	X				Oregon	X		
Hawaii	X				Pennsylvania	X		
Idaho	X				Puerto Rico	X		
Illinois	X				Rhode Island	X		
Indiana	X				South Carolina	X		
Iowa	X				South Dakota	X		
Kansas	X				Tennessee	X		
Kentucky	X				Texas	X		
Louisiana	X				US Virgin Islands	X		
Maine	X				Utah	X		
Maryland	X				Vermont	X		
Massachusetts	X				Virginia	X		
Michigan	X				Washington	X		
Minnesota	X				West Virginia	X		
Mississippi	X				Wisconsin	X		
Missouri	X				Wyoming	X		
Montana	X							