

# HOTWORX®

24 HOUR INFRARED FITNESS STUDIO

HOT YOGA • HOT PILATES • HOT CYCLE • AND MORE



# CORPORATE WELLNESS PROGRAM

DISCOUNTS EXCLUSIVELY FOR

## Benefits of Infrared Sauna Workouts

- Muscle Recovery
- Pain Relief
- Stress Reduction
- Weight Loss
- Detoxification
- Lower Blood Pressure
- Cellulite Reduction
- Improved Circulation
- Immune Support
- Resistance / Strength Training

  
**Sandhills**  
COMMUNITY COLLEGE

*MORE WORKOUT, LESS TIME* WITH  
**3D TRAINING**

1 HEAT 2 INFRARED ENERGY 3 EXERCISE



10725 US HWY 15-501 SOUTHERN PINES

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910.725.2490 | @HOTWORXSOUTHERNPINES



HOTWORX is a 24 hour Infrared Fitness Studio that features a virtually instructed exercise program created for members to experience the many benefits of infrared heat, while completing a 30-minute isometric workout or 15-min High Intensity Interval Training (HIIT) session.

**Check out all sessions offered here!**

**HOTWORX Southern Pines** is proud to offer an exclusive start up discount to Sandhills Community College employees! There are 2 membership options to choose from:

# SWEAT

## MEMBERSHIP

# ELITE

**\$79**

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**All SWEAT Basic Benefits**



FREE Access to Tier 1 Studios across the US  
DIET TRAX (Meal & Macro Tracker)  
HOTWORX On The Go  
Access to Virtual Personal Trainer Sessions  
Exclusive Retail Discount on Power Gummies  
Earn up to \$100 in retail credit every 90 days

# SWEAT

## MEMBERSHIP

# BASIC

**\$59**

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Unlimited Sessions

24/7 Access  
FX Zone - Free Weight Area  
Guest Privileges  
HotSquad Access  
(Organize sessions w/ friends & family)  
Burn Off Rewards Program  
(Earn up to \$75 in retail credits every 90 days)  
Discounted Access to Any Location



## **SANDHILLS COMMUNITY COLLEGE DISCOUNT:**

**All employees are eligible for a free trial class.**

*Regular* membership pricing includes a one time \$99 enrollment, plus a monthly membership.

Employees of Sandhills Community College will receive a **50%** discount on the Enrollment and all retail items purchased on joining day for the Sweat Elite Membership.

The Sweat Basic Membership will be discounted to \$49/month and a **25%** discount will be applied on the Enrollment and all retail items purchased on joining day.

**Memberships may be HSA/FSA reimbursable**

## **Next Steps**

To get started, schedule your free visit, or simply ask questions, text SANDHILLS to 910.725.5332

