

Drug and Alcohol Counseling

At Sandhills Community College, continuous efforts are made to make students and employees aware of professional services available on and off campus for drug and alcohol counseling, treatment, rehabilitation, and re-entry programs. Students in need of counseling can be seen on campus by one of the Center for Wellness licensed mental health counselors. Any instructor or college employee can refer a student or a student can self-refer.

Referral services are provided for students in need of long-term therapy to community agencies.

Additional counseling, treatment and rehabilitation services available to SCC employees and students:

[National Institute on Alcohol Abuse and Alcoholism \(NIH\) Rethinking Drinking\(NIH\)](#)

[Substance Abuse and Mental Health Services Administration \(SAMSHA\) National 24 Hour Helpline](#)

[Alcohol Anonymous \(AA\)](#)

[Narcotics Anonymous \(NA\)](#)

[Moore County Health Department](#)

[Carolina Behavioral](#)

[Daymark](#)

Additional Resources and Training for Employees

New hires and employees are required to complete annual training on Drug Free Workplace. The goal of the training administered through Vector Solutions is to provide employees with an understanding of drug and alcohol abuse in the workplace. The training reviews the Drug Free Workplace Act, recognizing the signs of substance abuse and addiction, and knowing their role in fighting substance abuse on the job.

Additionally, Sandhills employees can receive counseling and drug addition/abuse education through the Employee Assistance Program, MYGroup at 800.633.3353. Help is available 24/7/365 through our toll-free number. MYGroup offers Assessment and Counseling. Help is available 24/7/365 through our toll-free number. When employees and family members call the EAP, they are offered a face-to-face, virtual, or telephonic counseling session in which a thorough assessment can be conducted by a licensed, experienced clinician in their area.