

A conviction means a finding of guilt (including a plea of nolo contendere) or the imposition of a sentence by a judge or jury in any federal or state court.

5) Convictions of employees working under federal grants, for violating drug laws in the work place, on college premises or as part of any college-sponsored activity, shall be reported to the appropriate federal agency. Director of Auxiliary Services, Tom Streater, must notify the US government agency, with which the grant was made, within ten (10) days after receiving notice from the employee or otherwise receives actual notice of a violation of a criminal drug statute occurring in the work place.* The college shall take appropriate disciplinary action within thirty (30) calendar days from receipt of notice. As a condition of further employment on any federal government grant, the law requires all employees to abide by this policy.

6) Any employee or student who unlawfully possesses, uses, sells or transfers alcoholic beverages to another person while in the work place, on college premises, or as part of any college-sponsored activity, or is convicted of violating any alcoholic beverage control statute while on said premises will be subject to disciplinary action up to and including termination or expulsion and referral for prosecution. Alternatively, the college may require the employee or student to successfully finish a drug abuse program sponsored by an approved private or governmental institution as a precondition for continued employment or enrollment at the college.

7) The term "alcoholic beverage" includes beer, wine, whiskey, and any other beverage listed in Chapter 18B of the General Statutes of North Carolina.

8) Each employee or student is required to inform the college, in writing, within five (5) days after he/she is convicted of an alcoholic beverage control statute where such violation occurred while in the work place, on college premises, or as part of any college-sponsored activity.

**Students employed under the College Work-Study Program are considered to be employees of the college, if the work is performed for the college in which the student is enrolled. For work performed for a federal, state, or local public agency, a private nonprofit or a private for profit agency, the student is considered to be an employee of the college, unless the agreement between the college and the organization specifies that the organization is considered to be the employer.*

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Health Risks of Psychoactive Drugs

All psychoactive drugs (including alcohol) can produce negative health risks associated with long-term chronic use. In addition, all these drugs can pose serious risks such as an abnormal growth, brain damage, and birth defects for the fetus of a drug-using female among others:

Types of drugs	How use of the drug impacts your body
<u>Alcohol</u>	Central nervous system depression, impaired judgment, mental confusion, gastrointestinal irritation, liver damage, malnutrition, high blood pressure, irreversible brain damage, heart disease, pancreatitis, lowered immunities, coma and death from overdose.
<u>Marijuana</u>	Mental confusion and disorientation, anxiety, amotivational syndrome, throat and lung cancer (2.5 times the tar in tobacco), alterations in brain function, reproductive system abnormalities, short-term memory loss.
<u>Stimulants (amphetamines)</u>	Anxiety, agitation, malnutrition, high blood pressure, irregular heartbeat, chronic sleeplessness, amphetamine psychosis.
<u>Narcotics (Codeine, Heroin, Morphine, Painkillers, e.g.)</u>	Anxiety, mood swings, nausea, mental confusion, constipation, respiratory depression, coma or death as a result of overdose.
<u>Cocaine</u>	Anxiety, insomnia, paranoia, weight loss, perforation of the nasal septum, hypertension, seizures, cardiac failure.
<u>Inhalants</u>	Nausea, headaches, perceptual distortions, impaired judgment, irregular heartbeat, Sudden Death Syndrome (SDS), weigh loss, damage to bone marrow, lungs, liver and kidneys.
<u>Hallucinogens (LSD, PCP, e.g.)</u>	Visual distortions, increased heart rate and blood pressure, amotivational syndrome, psychotic episodes, panic disorders, flashbacks.
<u>Depressants (Barbiturates, Valium, Xanax, Quaalude, e.g.)</u>	Central nervous system depression, impaired thinking, staggering gait, visual disturbances, lethargy, allergic reactions, dizziness, nausea, death as a result of overdose.

Drug Abuse Education

& Prevention Policy

Sandhills
COMMUNITY COLLEGE
3395 Airport Road • Pinehurst, NC 28374
910.695.3771 • 1.800.338.3944

Purpose of SCC's drug policy

In compliance with the 1989 Drug-Free Schools and Communities Act Amendments, SCC is required to notify all Sandhills Community College students, in writing, of the college's drug education program and policy. This brochure is given to you in an effort to fulfill this requirement. You are encouraged to read it carefully. If you have any questions or need further information, please feel free to contact Student Services at 910.695.3725 or 1.800.338.3944.

Sandhills Community College is committed to maintaining an environment, which is conducive to effective learning, teaching and fellowship. Everyone shares in the responsibility of ensuring the safety and well being of all students and employees. To that end, the college is dedicated to providing an atmosphere free from illegal drugs and alcohol.

We have developed a program of "awareness" of alcohol and drug abuse and intervention strategies including a strong policy to deal with violations. This brochure was developed to acquaint you with our services, policies, and procedures. We encourage you to take advantage of these services and become familiar with our policy, as well as the Student Code of Conduct located in your *Student Handbook*.



Services available for SCC students

Student Assistance Program

In 1996, the college and Sandhills Center for Mental Health established a Student Assistance Program. The goal of this program is to provide students with additional resources in dealing with problems affecting home, school and work. SCC provides two options to students who may seek personal counseling or assistance:

• Talk with an SCC counselor, whose office is located in Stone Hall. If you think you have a problem, it's important to talk with someone. All information is strictly confidential.

OR

• Schedule an appointment with the Sandhills Center for Mental Health by calling 673.0855. There is no fee for the first visit. If further services are needed, fees are on a sliding scale. *No one will be refused services because of inability to pay.*

• You may refer yourself or speak to any counselor or instructor for help or further information.

Counseling Provisions

SCC students are afforded counseling services including:

- Counseling for students with alcohol/drug related problems;
- Referral resource for students requiring long-term counseling or hospitalization;
- Schedules for area meetings of AA, NA, Al-Anon support groups; and,
- Materials for dissemination on related topics.

For more information, contact **Sharon Ashburn** at **910.695.3731**.

Educational Programs & Activities

Sandhills provides the following educational programs and activities for its students:

- Annual written notification informing every student of the college's policy concerning alcohol and substance abuse.
- Special events, speakers, workshops, and programs, which address current issues regarding alcohol /substance abuse.
- All special events and extra-curricula activities are promoted as "fun" alcohol and drug-free events.
- Academic courses in health/physical education/wellness.
- Academic courses in drug-abuse prevention, chemical dependency, and family therapy.

College policy on Alcohol & Drug use

It is the policy of this college that the unlawful manufacture, distribution, possession, and/or use of a controlled substance or alcohol, is prohibited while in the work place, on college premises, or as part of any college-sponsored activities. Any employee or student violating this policy will be subject to disciplinary action up to and including termination or expulsion and referral for prosecution. The specifics of the policy are as follows:

1) Sandhills Community College does not differentiate between drug users, drug pushers or sellers. Any employee or student who possesses, uses, sells, gives, or in any way transfers a controlled substance to another person, and/or manufactures a controlled substance while in the work place, on college premises, or as part of any college sponsored activity, will be subject to disciplinary action up to and including termination or expulsion and referral for prosecution.

2) The term "controlled substance" means any drug listed in 21CFR Part 1308 and other federal regulations, as well as those listed in Article V, Chapter 90 of the North Carolina General Statutes. Generally, these are drugs which have a high potential for abuse. Such drugs include, but are not limited to, heroin, marijuana, cocaine, PCP, and "crack." They also include "legal drugs" which are not prescribed by a licensed physician.

3) If any employee or student is convicted of violating any criminal drug statute while in the work place, on college premises, or as part of any college-sponsored activity, he/she will be subject to disciplinary action up to and including termination or expulsion. Alternatively, the college may require the employee or student to successfully finish a drug abuse program sponsored by an approved private or governmental institution as a precondition for continued employment or enrollment at the college. SCC has contracted with the Sandhills Center for both an Employee Assistance and a Student Assistance Program.

4) Each employee or student is required to inform the college, in writing, within five (5) days after he/he is convicted for violation of any federal, state, or local criminal drug statute where such violation occurred while in the work place, on college premises, or any part of any college sponsored activity.

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